

TEMPLE TIMES

Announcements

Most Kabbalat Shabbat Services are on **Friday nights at 7 pm.** Be sure to check weekly email for updates.

Seeking mensches to host **Onegs** or **Shabbat dinners** so we can nosh and kibitz with Rabbi Fenves!



Please contact Stephanie Shine at stephanie.shine@ttu.edu if you would like to be a host!

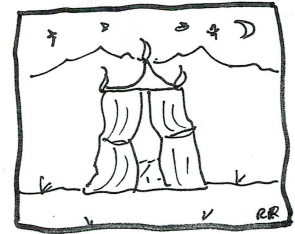
CSI Second Friday Monthly Lunch

Join us for our monthly luncheon. This month it will be **Feb. 9th at Caprock Cafe, 3405 34th St., 11:45-1:15.** To sign up for the RSVP and receive reminders/updates please reach out to Christo through HebrewLiteracy@gmail.com

| Lubbock, Texas |

Dear Shaareth Israel and Friends,

I was inspired by the visioning conversation that we had in November. These twelve members were thoughtful about the future and respectful of each other's ideas.



-Ruth Rubin

I wanted to share some key takeaways that came up during the November meeting:

We explored different models of rabbinic leadership:

- Local rabbi who lives in Lubbock and works full- or part-time at CSI
- Shared rabbi who serves multiple synagogues
- Commuting rabbi who visits Lubbock every 3-4 weeks
- Student rabbi who is learning the profession under the supervision of a rabbi

CSI is looking for a rabbi who is intellectual, flexible, warm, friendly, and respectful and engaging with children.

We are aware of the logistical complications of getting to Lubbock for a commuting rabbi. There are direct flights from Dallas, Houston, Austin, Denver, Phoenix and Las Vegas. These may be the more natural cities for travel.

CSI has a network of previous student rabbis that can help spread the word.

Next Steps will include understanding whether the application can indicate flexibility around different models depending on the candidates. In addition, we will need to craft the language for an application and consider adding photos and a video link. I hope that more will be able to join this month as we continue to map out the details of next year's search for a settled rabbi.

L' Shalom
Rabbi Carla Fenves



February Yahrzeits

- 1 22 Shevat Rabbi Aaron Tofield
- 2 23 Shevat Abraham Curzer
- 5 Jerome Melvin (Jerry) Skibell
Lillie Ogutsch
- 7 Herbert Evensky
- 8 Scott A. Beason, Sr.
Bobbie Freid
Herbert Wachtel
- 9 Morris Strauss
- 10 Bob Fusco
- 11 2 Adar Terry Bennett
- 13 Anna Schwartz
- 19 10 Adar Bertha Feldman Moss
- 20 Aida Mikels
- 22 Harvey Kramer
- 23 Perry Berg
- 24 Mary Lerner
- 15 Adar Shifra Freytag
Elizabeth J. Winer
- 25 Frances Owens Walters
Lee Scott Rachman
- 16 Adar Josef Schloss
- 26 Benno Ogutsch
- 17 Adar Rebeca Zychlinski
- 29 Sam Snyder

From Jessica Gross:

My daughter is 3 months old and my husband and I are looking for a mother's helper to help care for her and do household tasks a couple of hours a day, five days a week, while I (and sometimes my husband) are still in the house. (I'm exclusively breastfeeding right now). We're looking for somebody experienced with infants, who honors the mother-baby bond, and who will be loving and present with our daughter. Ideally this person would help care for her and keep our house running (laundry, dishes, etc.) for years to come. Please email jessica.r.gross@gmail.com. Thank you.

Donations

Thank you to all of our donors for your continued support!

Donations may be sent to:
 Congregation Shaareth Israel
 P.O. Box 93594
 Lubbock, Texas 79493-3594

Operating Fund:

- **Scott Sitzer** in memory of **Al & Ruth Sitzer**
- **Mike & Carla Calfin** in memory of **Arthur Bahme, Ed Luskey, & Ruth Rubin**
- **Dorothy Chansky** in memory of **Edna and George Chansky**

Religious School Fund:

- **Jonathan & Tova Marks** in memory of **Louise Dreyfoos Marks**

Rabbis Discretionary Fund:

- **Rachel & Rebacca Hirshorn** in memory of **Seth Hirshorn**

Thank you to all our donors, past, present, and future. When you send us a donation, please make note of:

- The designated fund (Without a designation, your donation will be directed to the General Fund).
- The purpose of the donation; Is it dues? Is it in memory or honor of someone?

We are on Facebook

Check us out.

<https://csitemple.org>



Congregation Shaareth Israel

Refuah Shleimah

We offer Mi Sheberach, a prayer for healing, to those who are sick, and to all the people who love and care for those who are sick. If you would like a name listed please go to the link below. The list will begin afresh each January and August.

<https://forms.gle/GS91avcqoj4ePH6J8>

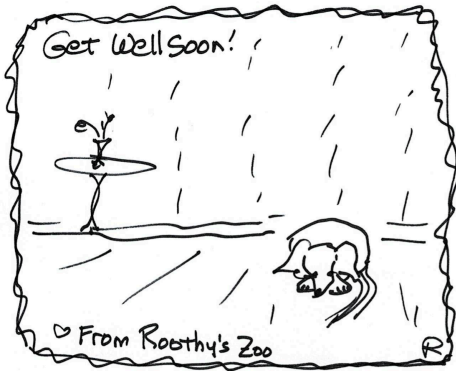
- Howard Curzer
- Deena Katz
- David Gloria
- Chuck Lewis
- Sandra Longoria
- Cheral Osran
- Esmeralda Sandoval
- Cassandra Sandoval
- Jeff Steel
- Hayden Thornburg
- Gail Tutino
- Jane Winer
- Benito Zychlinski

February Shabbat Services

- 2nd Yitro - 7:00 pm
Exodus 18:1 - 20:23
- 9th Mishpatim - 7:00 pm
Exodus 21:1 - 24:18
- 16th Terumah - 7:00 pm
Exodus 25:1 - 27:19
- 23rd Tetzaveh - 7:00 pm
Exodus 27:20 - 30:10

Thank You!

- Thank you to **Christo Chaney, Stephanie Shine, Zola Phillips, Alex Cobb, and Heath Cobb** for leading a Shabbat service in January.
- Thank you to **Charles Skibell** who got the heater repaired in the sanctuary.
- Thank you to **Fela Shturman** for organizing the Oneg in January.
- Thank you to **Beth Cobb, Jon Meyer, and Jonathan Marks** for bringing forth the *Temple Times*.
- Thank you to **Elissa Zellinger** for fronting our Facebook page.
- Thank you to **Christo Chaney** for organizing second Friday monthly lunches.
- Thank you to **Christina McKinney, Mike Meister, Josh Reynolds, Lauren Martin, and Jeannie Barrick** for making our spirits soar with their music.



If any member would like to add a name to the monthly Yahrzeit list, please send the name, date of celebration, and relationship to Leon Shturman (leonsdesk@gmail.com).



-Ruth Rubin

Welcome to new member Ron Shane!

Ron retired in May 2020 and arrived in Lubbock soon after, in July. He has two children: Kari, who lives in Des Moines, Iowa with her 17-month-old twins, Theo and

Kit; and Ryan, who lives in Vancouver, Washington and is getting married in August. Ron taught automotive technology (Career and Technical Education) and coached football and track for 29 years at Central High School in El Centro, California. Before that Ron taught in North Dakota, Minnesota, and Illinois. Ron grew up in Skokie, Illinois, where he attended a Conservative temple while his grandparents were Orthodox. Ron looks forward to being a member at Shaareth Israel. Please give him a warm welcome when you run into him!



Hebrew Name Registry

There are times in Jewish observance when we invoke a person's Hebrew name and the Hebrew names of their parents. To make sure that we have names on record, we are offering the opportunity to store the Hebrew names of members and their families. If you would like to participate, contact stephanie.shine@ttu.edu for the link to the Hebrew Name Survey. If you need help deciphering a Hebrew name or giving a child a Hebrew name, please feel free to contact Rabbi Fenves (cfenves@gmail.com). Shaareth Israel will maintain this list as a service to members and their families.

What's the Board up to?



- Ruth Rubin

The Board met on Jan. 16th. We approved the membership of Ron Shane, and planned spring events: Mishegoss & Megillah! on March 22 to mark Purim, and Nibbles and a Little Seder on April 26 to observe Passover. These events will have early start times to welcome families. As a follow-up to our visioning and goal-setting with Rabbi Fenves, we planned the February meeting: strategizing. Elissa Zellinger reported on the formation of a baby class in the Religious School. Charles reported on the new motor installed in the heating unit for the sanctuary.

Friday Film nights!



In December Steve Balch brought us *A Serious Man* by the Coen brothers and Ben Rogerson led a lively discussion.



In February Steve Balch brings us *The Golem*, a 1920 silent film, from writer, director, and actor Paul Wegener. Ben Rogerson will be back to lead the discussion.

If you would like to come for film and pizza on Friday, February 23, after a short service, click on this link to let us know:

<https://forms.gle/3dDaBLSmE6nB6bjc6>

Nuggets from Rabbi Fenves' D'var Torah

As we explore our new Mishkan T'filah (dwelling place for prayer), we seek to navigate a balance between keva (the words and backbone) and kavanah (the intention and heart) of Jewish prayer.

How to Donate to Israel: JNF-USA Israel Resilience Campaign

- Evacuation from hardest-hit communities on the border, including transportation and emergency housing
- Hygiene, bedding, and care packages to those in need
- Firefighting and protective equipment to those on the front lines
- Psychological treatment
- The promise of rebuilding local communities for tomorrow

Click here to learn how to donate:

<https://www.jnf.org/ways-to-help/support-israel>

We invite you to share something of your life - what you have done, crafted, cooked, seen, photographed, thought about, written; where you have traveled; what your family has been up to.

Tracing the Cobb Family Journey from Berlin to Lubbock – John Cobb

In 1936, during a turbulent period in Germany, my great-grandparents decided to explore safer havens for Jewish families. They sent my great-uncle, after whom I'm named, to Brazil to assess the situation. He reported back positively, and in 1939, just before the invasion of Poland, my grandmother Annemarie Sara Michaelis, along with my great-grandparents Ina Sara and Wilhelm Israel Michaelis, embarked on a journey to Brazil aboard the Neptunia. The names Sara and Israel were imposed by the Nazis to mark Jewish identity, along with a "J" stamped on passports.

Securing their escape from Germany, my family exchanged their Berlin apartment for exit visas, arriving in Brazil with little more than their lives. Sadly, many relatives couldn't escape Nazi persecution, as noted in a letter from my grandmother listing their names.

After a generation in Brazil, my family moved to the United States. I relocated to Lubbock, Texas, in 1996 for medical school, where I met Elizabeth Cobb. We married after nine months and have been together for 21 years, blessed with two sons, Alexander and Heath.

Our family joined Congregation Shaareth Israel when Alex, at 13, showed interest in Judaism. Both sons celebrated their Bar Mitzvah at Shaareth Israel, marking a significant milestone in our family's rich and diverse heritage. Alexander, now 18, is set to graduate from Texas Tech with a philosophy degree in four months and plans to pursue law. Heath is exploring his future options.

Continued on page 7

Continued from page 6

Kennort:	Berlin		Später Zeitgeber
Kennnummer:	11 45 8445		Einzel Zeitgeber
Gültig bis:	16. März 1944		
Name:	Michaelis, Heinrich		
Vornamen:	Heinrich		
Geburtsort:	14. Februar 1887		
Beruf:	Polizeipostbeamter		
Unveränderliche Kennzeichen:	Polizei		
Veränderliche Kennzeichen:	Polizei		
Bemerkungen:			




Kennort:	Berlin		Später Zeitgeber
Kennnummer:	11 45 8445		Einzel Zeitgeber
Gültig bis:	16. März 1944		
Name:	Michaelis		
Vornamen:	Heinrich		
Geburtsort:	25. März 1887		
Beruf:	Polizeipostbeamter		
Unveränderliche Kennzeichen:	Polizei		
Veränderliche Kennzeichen:	Polizei		
Bemerkungen:			



Kennort:	Berlin		Später Zeitgeber
Kennnummer:	11 430 374		Einzel Zeitgeber
Gültig bis:	16. März 1944		
Name:	Michaelis		
Vornamen:	Annemarie		
Geburtsort:	24. Januar 1900		
Beruf:	Lehrerin		
Unveränderliche Kennzeichen:	Polizei		
Veränderliche Kennzeichen:	Polizei		
Bemerkungen:			





8.21.93
 Annemarie Michaelis
 Av. Angelica, 1275, ap.24
 São Paulo 01227-000
 Brazil

To the Holocaust Museum.

The following people, my parents brothers and sisters, were killed by the nazi's between 1938 - 1943 in the Holocaust:

Heinrich Michaelis (Berlin)
 Raffael Michaelis (Gransee)
 Else Schwartz (Baerwalde)
 Hedwig Muehlenthal & husband (Berlin)
 Kaethe Engel & husband (?)
 Selma Nathan & husband (Fehrbellin)
 and 2 sons

Bernhard Loewenthal & wife (Eberswalde)
 Paul Loewenthal & wife (Bielefeld)

These are some of the people I remember. There are more aunts, uncles and cousins that I don't remember, it was such a long time ago. It happened when I was a very young girl, and now I am 73 years old.

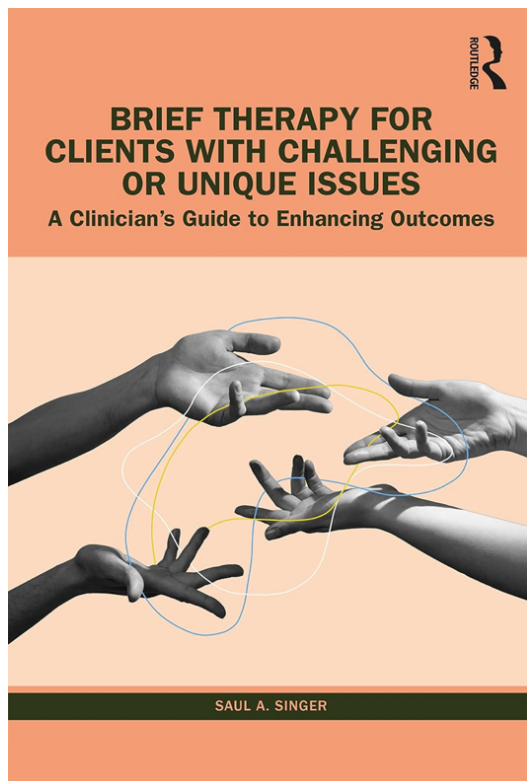
Thank you very much

Annemarie Michaelis

Brief Therapy for Clients with Challenging or Unique Issues: A Clinician’s Guide to Enhancing Outcomes by Saul Singer

Clients do not have to enter therapy for the right reason; they just need to have the right experience in therapy. There are no throw-away clients!

This book is about the bumps and triumphs we encounter when we work with human beings for the greater good. I am grateful to the 1,000 plus clients and client families who trusted me with their secrets and vulnerabilities. I learned much from them about engaging and understanding people and families. Eventually, I learned how to really listen, hear, and be more receptive to their message, acknowledging their wisdom and strengths, and eliciting their solution. – Saul Singer



EXCERPT

From the chapter *Dire Straits: Heroic Clients Who Overcame Powerful Headwinds*

Coping Questions (that help when clients are feeling desperate or hopeless):

- What is it about you that you survived?*
- How did you cope with that?*
- How did you find the will to do that?*

Therapeutic Compliments (to acknowledge a client's strengths derived from answers to coping questions):

- I'm really impressed by your survival skills.*
- You must have a strong will to succeed.*
- You must really love your children*

Brief Therapy for Clients with Challenging or Unique Issues offers clinicians, interns, and students a unique look into the creative and effective application of foundational concepts and innovative clinical processes that lead to successful outcomes with even the most challenging clients. Chapters illustrate complex interventions such as those. Each of these includes moment-by-moment co-constructive processes that document effective intervention ideas and strategies. Rich in neurolinguistics, innovative approaches, and the application of advanced solution-oriented strategies, *Brief Therapy for Clients with Challenging or Unique Issues*

weaves together the stories of courageous clients and offers innovative tools that empower and motivate even the most reluctant clients to engage and identify solutions that fit for them.

Saul A. Singer, LMFT, LCADC, AADC, has worked for five decades as a behavioral health and addiction professional providing therapy, consultation, continuing education, college instruction, and clinical supervision in private practice and for community agencies and treatment programs.

–Routledge Publishing



Saul Singer with his grandchild

Congregation Shaareth Israel
P.O. Box 93594
Lubbock, TX 79493
(806) 794-7517

csitemple.org

Clergy

Carla Fenves, Rabbi
 Deborah Goldmann, Rabbi Emerita
 Vicki Hollander, Rabbi Emerita

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 Leon Shturman, Treasurer
 Jonathan Marks, Immediate Past President
 Elissa Zellinger, Religious School Delegate
 Charles Skibell, Member
 Eileen Nathan, Member
 Steve Balch, Member

Contact info for members:

Rabbi Carla Fenves - Call her or text her at (415) 745-5314 or email her at cfenves@gmail.com please.

Urgent Matters - Please contact **Stephanie Shine** at (806) 470-1340 or email stephanie.shine@ttu.edu or contact Rabbi Fenves.

Bulletin Submissions - News, reports, information, etc. can be submitted to the bulletin editor at csi_bulletin@hotmail.com.

Deadline for submissions is the 20th of the month!

Bulletin Design: Jonathan Meyer

February 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Shabbat Service 7:00 pm	3
	5	6	7	8	9 Shabbat Service 7:00 pm 2nd Friday Lunch 11:45 am	10
11	12	13	14	15	16 Shabbat Service 7:00 pm	17
18	19	20	21	22	23 Shabbat Service 7:00 pm	24
25	26	27	28	29	Mar 1 Shabbat Service 7:00 pm	Mar 2

